

Advising Roadmap - Recommended Course Sequence

Bachelor of Science in Kinesiology

Option: I. Human Performance

4-Year Plan

Effective Fall 2021

Fall	Units	Spring	Units
Year One -		30 units	
GE A2: Written Comm	3	GE A1: Oral Comm	3
GE B4: MATH 1081 / MATH 1082	3	GE A3: Critical Thinking	3
GE C1: Arts	3	GE B1: PHYS 1560 & PHYS 1570	3
GE D: PSY 1500	3	GE D: SOC 2010	3
GE E: KIN 1500	3	KIN 1540 *	1
		KIN 2500	2
TOTAL 15		TOTAL 15	
Year Two -		30 units	
GE AM: US History	3	GE AM: US Gov't	3
GE C2: Humanities	3	GE B2: Biological	3
KIN 2150	5	KIN 2250	3
KIN 2600	3	KIN 3100	3
Free Elective	1	Free Elective	3
TOTAL 15		TOTAL 15	
Year Three -		30 units	
UD GE Course 1	3	UD GE Course 2	3
KIN 3600	4	KIN 3750	3
KIN 3650	4	KIN 3820	4
KIN 4250	3	KIN 4600	4
Free Elective	1	Free Elective	1
TOTAL 15		TOTAL 15	
Year Four 2 -		30 units	
UE GE Course 3	3	KIN 3400	4
KIN 4610	3	KIN 4560	3
KIN 4650	5	KIN 4580	3
Free Elective	3	KIN 4960	3
Free Elective	1	Free Elective	2
TOTAL 15		TOTAL 15	
TOTAL UNITS 120			

* Recommended elective.

Advising Roadmap - Recommended Course Sequence

Bachelor of Science in Kinesiology

Option: I. Human Performance

2-Year Plan:

Effective Fall 2021

For UD transferring students (who met MSC)

Asuming completed prior to transfer		60	units
4 basic GE courses	12	BIOL 2030	3
LD GD B2	3	BIOL 2040	3
LD GE Block C	6	PHYS 1560 & PHYS 1570	3
LD GE Block D	6	SOC 2010 / PSY 1500	3
American Institutions	6	Transferrable courses	15

Fall	Units	Spring	Units
Junior Year		29 units	
UD GE Course 1	3	UD GE Course 2	3
KIN 2500 * / Free Elective 1	2	KIN 3600	4
KIN 2600 ** / Free Elective 2	3	KIN 3650	4
KIN 3100	3	KIN 3820	4
KIN 3750	3		
TOTAL 14		TOTAL 15	
Senior Year		31 units	
UD GE Course 3	3	KIN 4250	3
KIN 3400	4	KIN 4580	3
KIN 4560	3	KIN 4650	5
KIN 4600	4	KIN 4960	3
KIN 4610	3		
TOTAL 17		TOTAL 14	
TOTAL RESIDENCE UNITS 60			

* If transferred in with credit of this course, take a free elective course instead.

** A college level statistic course may substitute this course. In such event, take a free elective instead.

Advising Roadmap - Recommended Course Sequence

Bachelor of Science in Kinesiology

Option: II. Rehabilitation & Therapeutic Exercise

4-Year Plan

Effective Fall 2021

Fall	Units	Spring	Units
Year One -		30 units	
GE A2: Written Comm	3	GE A1: Oral Comm	3
GE B4: MATH 1081 / MATH 1082	3	GE A3: Critical Thinking	3
GE C1: Arts	3	GE B1: PHYS 1560 & PHYS 1570	3
GE D: PSY 1500	3	GE D: SOC 2010	3
GE E: KIN 1500	3	KIN 1540 *	1
		KIN 2500	2
TOTAL 15		TOTAL 15	
Year Two -		30 units	
GE AM: US History	3	GE AM: US Gov't	3
GE C2: Humanities	3	GE B2: Biological	3
KIN 2150	5	KIN 2250	3
KIN 2600	3	KIN 3100	3
Free Elective	1	Free Elective	3
TOTAL 15		TOTAL 15	
Year Three -		30 units	
UD GE Course 1	3	KIN 3400	4
KIN 3600	4	Group A Elective 1	3
KIN 3650	4	Group B Elective 1	4
KIN 4250	3	Free Elective	3
Free Elective	1	Free Elective	1
TOTAL 15		TOTAL 15	
Year Four 2 -		30 units	
UD GE Course 2	3	UD GE Course 3	3
Group A Elective 2	3	KIN 3750	3
Group B Elective 2	4	KIN 3820	4
Free Elective	3	Group A Elective 3	3
Free Elective	2	Group C Elective	2
TOTAL 15		TOTAL 15	
TOTAL UNITS			120

* Recommended elective.

Advising Roadmap - Recommended Course Sequence

Bachelor of Science in Kinesiology

Option: II. Rehabilitation & Therapeutic Exercise

2-Year Plan:

Effective Fall 2021

For UD transferring students (who met MSC)

Asuming completed prior to transfer		60	units
4 basic GE courses	12	BIOL 2030	3
LD GD B2	3	BIOL 2040	3
LD GE Block C	6	PHYS 1560 & PHYS 1570	3
LD GE Block D	6	SOC 2010 / PSY 1500	3
American Institutions	6	Transferrable courses	15

Fall	Units	Spring	Units
Junior Year		29 units	
UD GE Course 1	3	UD GE Course 2	3
KIN 2500 * / Free Elective 1	2	KIN 3600	4
KIN 2600 ** / Free Elective 2	3	KIN 3650	4
KIN 3100	3	KIN 3820	4
KIN 3750	3		
TOTAL 14		TOTAL 15	
Senior Year		31 units	
UD GE Course 3	3	KIN 4250	3
KIN 3400	4	KIN 4580	3
KIN 4560	3	KIN 4650	5
KIN 4600	4	KIN 4960	3
KIN 4610	3		
TOTAL 17		TOTAL 14	
TOTAL RESIDENCE UNITS 60			

* If transferred in with credit of this course, take a free elective course instead.

** A college level statistic course may substitute this course. In such event, take a free elective instead.

Advising Roadmap - Recommended Course Sequence

4-Year Plan

Bachelor of Science in Kinesiology

Effective Fall 2021

Option: III. Pedagogy (Subject Matter Preparation For Single Subject Teaching Credential)

Fall	Units	Spring	Units
Year One -		30 units	
GE A2: Written Comm	3	GE A1: Oral Comm	3
GE B4: MATH 1081 / MATH 1082	3	GE A3: Critical Thinking	3
GE C1: Arts	3	GE B1: PHYS 1560 & PHYS 1570	3
GE D: PSY 1500	3	GE D: SOC 2010	3
GE E: KIN 1500	3	KIN 1540 *	1
		KIN 2500	2
TOTAL 15		TOTAL 15	
Year Two -		30 units	
GE AM: US History	3	GE AM: US Gov't	3
GE C2: Humanities	3	GE B2: Biological	3
KIN 2150	5	KIN 2250	3
KIN 2600	3	KIN 3100	3
Free Elective	1	KIN 3750	3
TOTAL 15		TOTAL 15	
Year Three -		30 units	
UD GE Course 1	3	UD GE Course 2	3
KIN 3190	3	KIN 3200	4
KIN 3650	4	KIN 3220	4
KIN 3820	4	KIN 3600	4
Free Elective	1		
TOTAL 15		TOTAL 15	
Year Four -		30 units	
KIN 3180	4	UD GE Course 3	3
KIN 3210	4	KIN 4010 *	3
KIN 3400	4	KIN 4015	3
KIN 4250	3	Free Elective	3
		Free Elective	3
TOTAL 15		TOTAL 15	
TOTAL UNITS 120			

* Recommended elective.

~ Meet with Drs. Roberta Beyer or Sierra Cordova for approved electives toward credential.

~ **Adapted Physical Education Added Authorization:** Refer to the Charter College of Education for regulations governing all teaching credential programs.

Advising Roadmap - Recommended Course Sequence

Bachelor of Science in Kinesiology

Option: III. Pedagogy (Subject Matter Preparation For Single Subject Teaching Credential)

2-Year Plan: For UD transferring students (who met MSC)

Effective Fall 2021

Asuming completed prior to transfer		60	units
4 basic GE courses	12	BIOL 2030	3
LD GD B2	3	BIOL 2040	3
LD GE Block C	6	PHYS 1560 & PHYS 1570	3
LD GE Block D	6	SOC 2010 / PSY 1500	3
American Institutions	6	Transferrable courses	15

Fall	Units	Spring	Units
Junior Year		30 units	
KIN 2500 * / Free Elective 1	2	KIN 3200	4
KIN 2600 ** / Free Elective 2	3	KIN 3220	4
KIN 3100	3	KIN 3600	4
KIN 3190	3	KIN 3650	4
KIN 3750	3		
TOTAL 14		TOTAL 16	
Senior Year		31 units	
UD GE Course 1	3	UD GE Course 2	3
KIN 3180	4	UD GE Course 3	3
KIN 3210	4	KIN 3820	4
KIN 3400	4	KIN 4015	3
		KIN 4250	3
TOTAL 15		TOTAL 16	
		TOTAL RESIDENCE UNITS 61	

* If transferred in with credit of this course, take a free elective course instead.

** A college level statistic course may substitute this course. In such event, take a free elective instead.

Meet with Drs. Roberta Beyer or Sierra Cordova for approved electives toward credential.

~ **Adapted Physical Education Added Authorization:** Refer to the Charter College of Education for regulations governing all teaching credential programs.

Advising Roadmap - Recommended Course Sequence

Bachelor of Science in Kinesiology

Option: IV. Community Leadership

4-Year Plan

Effective Fall 2021

Fall	Units	Spring	Units
Year One -		30 units	
GE A2: Written Comm	3	GE A1: Oral Comm	3
GE B4: MATH 1081 / MATH 1082	3	GE A3: Critical Thinking	3
GE C1: Arts	3	GE B1: PHYS 1560 & PHYS 1570	3
GE D: PSY 1500	3	GE D: SOC 2010	3
GE E: KIN 1500	3	KIN 1540 *	1
		KIN 2500	2
TOTAL 15		TOTAL 15	
Year Two -		30 units	
GE AM: US History	3	GE AM: US Gov't	3
GE C2: Humanities	3	GE B2: Biological	3
KIN 2150	5	KIN 2250	3
KIN 2600	3	KIN 3100	3
Free Elective	1	KIN 3750	3
TOTAL 15		TOTAL 15	
Year Three -		30 units	
UD GE Course 1	3	UD GE Course 2	3
KIN 3190	3	UD GE Course 3	3
KIN 3650	4	KIN 3600	4
KIN 3820	4	YAA 4670 / POLS 4670	3
Free Elective	1	Free Elective	2
TOTAL 15		TOTAL 15	
Year Four -		30 units	
YAA 2900	3	KIN 4010	3
KIN 3400	4	KIN 4220	3
KIN 4210	3	YAA 4950	3
KIN 4250	3	Free Elective	3
Free Elective	2	Free Elective	3
TOTAL 15		TOTAL 15	
TOTAL UNITS 120			

* Recommended elective.

Advising Roadmap - Recommended Course Sequence

Bachelor of Science in Kinesiology

Option: IV. Community Leadership

2-Year Plan:

Effective Fall 2021

For UD transferring students (who met MSC)

Asuming completed prior to transfer		60	units
4 basic GE courses	12	BIOL 2030	3
LD GD B2	3	BIOL 2040	3
LD GE Block C	6	PHYS 1560 & PHYS 1570	3
LD GE Block D	6	SOC 2010 / PSY 1500	3
American Institutions	6	Transferrable courses	15

Fall	Units	Spring	Units
Junior Year		31 units	
KIN 2500 * / Free Elective 1	2	UD GE Course 2	3
KIN 2600 ** / Free Elective 2	3	UD GE Course 3	3
KIN 3100	3	KIN 3600	4
KIN 3190	3	KIN 3650	4
KIN 3750	3	YAA 4670 / POLS 4670	3
TOTAL 14		TOTAL 17	
Senior Year		30 units	
YAA 2900	3	KIN 3820	3
KIN 3400	4	KIN 4010	3
KIN 4210	3	KIN 4220	3
KIN 4250	3	KIN 4250	3
Free Elective	2	YAA 4950	3
TOTAL 15		15	
TOTAL RESIDENCE UNITS			61

* If transferred in with credit of this course, take a free elective course instead.

** A college level statistic course may substitute this course. In such event, take a free elective instead.