

Bachelor of Science in Kinesiology

4-Year Road Maps

OPTION I: HUMAN PERFORMANCE

YEAR 1			
Fall		Spring	
Courses	Units	Courses	Units
GE A2: Written Comm	3	GE A1: Oral Comm	3
GE B4: MATH 1081/1082	3	GE A3: Crit Thinking	3
GE D: PSY 1500	3	GE B1: PHYS 1560/1570	3
GE E: KIN 1500	3	GE D: SOC 2010	3
GE C1: Arts	3	KIN 2500	2
		KIN 1540 *	1
Total	15	Total	15

YEAR 2			
Fall		Spring	
Courses	Units	Courses	Units
US History	3	US Constitution	3
GE C2: Humanities	3	GE B2: Biological	3
KIN 2150	5	KIN 2250	3
KIN 2600	3	KIN 3100	3
Free Elective	1	Free Elective	3
Total	15	Total	15

YEAR 3			
Fall		Spring	
Courses	Units	Courses	Units
KIN 4250	3	KIN 4600	4
KIN 3600	4	KIN 3820	4
KIN 3650	4	GE UD Course	3
GE UD Course	3	KIN 3750	3
		Free Elective	1
Total	15	Total	15

YEAR 4			
Fall		Spring	
Courses	Units	Courses	Units
Free Elective	3	KIN 3400	4
KIN 4610	3	KIN 4560	3
KIN 4650	5	KIN 4580	3
GE UD Course	3	KIN 4960	3
Free Elective	1	Free Elective	2
Total	15	Total	15

* NOTE: KIN 1540 is included on this roadmap as a School-recommended elective.

OPTION II: REHABILITATION AND THERAPEUTIC EXERCISE

YEAR 1			
Fall		Spring	
Courses	Units	Courses	Units
GE A2: Written Comm	3	GE A1: Oral Comm	3
GE B4: MATH 1081/1082	3	GE A3: Crit Thinking	3
GE C1: Arts	3	GE B1: PHYS 1560/1570	3
GE D: PSY 1500	3	GE D: SOC 2010	3
GE E: KIN 1500	3	KIN 2500	2
		KIN 1540 *	1
Total	15	Total	15

YEAR 2			
Fall		Spring	
Courses	Units	Courses	Units
US History	3	US Constitution	3
GE C2: Humanities	3	GE B2: Biological	3
KIN 2150	5	KIN 2250	3
KIN 2600	3	KIN 3100	3
Free Elective	1	Free Elective	3
Total	15	Total	15

YEAR 3			
Fall		Spring	
Courses	Units	Courses	Units
KIN 4250	3	KIN 3300/4100/4370/4500/4600	3
KIN 3600	4	KIN 3400	4
KIN 3650	4	KIN 4360/4365/4300/4380/4400	4
GE UD Course	3	Free Elective	3
Free Elective	1	Free Elective	1
Total	15	Total	15

YEAR 4			
Fall		Spring	
Courses	Units	Courses	Units
KIN 3300/4100/4370/4500/4600	3	KIN 3820	4
Free Elective	3	KIN 4390/4420/4425/4850	2
KIN 4360/4365/4300/4380/4400	4	KIN 3750	3
GE UD Course	4	GE UD Course	3
Free Elective	1	KIN 3300/4100/4370/4500/4600	3
Total	15	Total	15

* NOTE: KIN 1540 is included on this roadmap as a School-recommended elective.

OPTION III: SUBJECT MATTER PREPARATION for SINGLE SUBJECT TEACHING CREDENTIAL

YEAR 1			
Fall		Spring	
Courses	Units	Courses	Units
GE A2: Written Comm	3	GE A1: Oral Comm	3
GE B4: MATH 1081/1082	3	GE A3: Critical Thinking	3
GE C1: Arts	3	GE B1: PHYS 1560 & 1570	3
GE D: PSY 1500	3	GE D: SOC 2010	3
GE E: KIN 1500	3	KIN 2500	2
		KIN 1540 *	1
Total	15	Total	15

YEAR 2			
Fall		Spring	
Courses	Units	Courses	Units
US History	3	US Constitution	3
GE C2: Humanities	3	GE B2: Biological	3
KIN 2150	5	KIN 2250	3
KIN 2600	3	KIN 3100* / 4220*	3
Free Elective	1	KIN 3750	3
Total	15	Total	15

YEAR 3			
Fall		Spring	
Courses	Units	Courses	Units
KIN 3190	3	KIN 3200	4
KIN 3820	4	KIN 3180	4
KIN 3650	4	KIN 3600	4
GE UD Course	3	GE UD Course	3
Free Elective	1		
Total	15	Total	15

YEAR 4			
Fall		Spring	
Courses	Units	Courses	Units
KIN 3210	4	KIN 4010 *	3
KIN 3220	4	KIN 4015	3
KIN 3400	4	GE UD Course	3
KIN 4250	3	Free Elective	3
		Free Elective	3
Total	15	Total	15

* NOTES:

- KIN 1540 is included on this roadmap as a School-recommended elective.
- KIN 3100 satisfies both (wi) and GVAR.
- KIN 4010 is included on this roadmap as an option-recommended elective.
- KIN 4220: Students choosing to take KIN 4220 must take an elective that satisfies GVAR.
- For approved electives toward credential, see program sheet and meet with Drs. Roberta Beyer or Sierra Cordova